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(54) Title: LOTUS AND METHYL DONORS

(57) Abstract: Cosmetic, dermatological and dietary compositions for treatment of aging of the skin are provided that contain a compound useful in promoting skin health and youthful appearance, such as extract of Lotus in combination with methyl donors, in a suitable carrier or vehicle along with methods of treatment to reduce signs of aging such as loss of elasticity, age spots, enlarged pores, fine lines, wrinkles and to promote over-all younger looking skin by using said compositions to help repair damage and to help neutralize free radicals.

WO 2005/041996 A1